



# SAFETY DATA SHEET CREATINE REVISION 3, DATE 19 DEC 18

## 1. IDENTIFICATION

<b>Product Name</b>	<b>Creatine</b>
<b>Other Names</b>	Glycine, N-(aminoiminomethyl)-N-methyl-, monohydrate
<b>Uses</b>	Pharmaceutical applications; Industrial use.
<b>Chemical Family</b>	No Data Available
<b>Chemical Formula</b>	C <sub>4</sub> H <sub>9</sub> N <sub>3</sub> O <sub>2</sub> .H <sub>2</sub> O
<b>Chemical Name</b>	Creatine, monohydrate
<b>Product Description</b>	Mono-constituent substance (organic).

### Contact Details of the Supplier of this Safety Data Sheet

Organisation	Location	Telephone
Redox Ltd	2 Swettenham Road Minto NSW 2566 Australia	+61-2-97333000
Redox Ltd	11 Mayo Road Wiri Auckland 2104 New Zealand	+64-9-2506222
Redox Inc.	3960 Paramount Boulevard Suite 107 Lakewood CA 90712 USA	+1-424-675-3200
Redox Chemicals Sdn Bhd	Level 2, No. 8, Jalan Sapir 33/7 Seksyen 33, Shah Alam Premier Industrial Park 40400 Shah Alam Sengalor, Malaysia	+60-3-5614-2111

### Emergency Contact Details

*For emergencies only; DO NOT contact these companies for general product advice.*

Organisation	Location	Telephone
Poisons Information Centre	Westmead NSW	1800-251525 131126
Chemcall	Australia	1800-127406 +64-4-9179888
Chemcall	Malaysia	+64-4-9179888
Chemcall	New Zealand	0800-243622 +64-4-9179888
National Poisons Centre	New Zealand	0800-764766
CHEMTREC	USA & Canada	1-800-424-9300 CN723420 +1-703-527-3887

## 2. HAZARD IDENTIFICATION

**Poisons Schedule (Aust)**

Not Scheduled



## Globally Harmonised System

**Hazard Classification** Hazardous according to the criteria of the Globally Harmonised System of Classification and Labelling of Chemicals (GHS)

**Hazard Categories** Skin Corrosion/Irritation - Category 2  
 Serious Eye Damage/Irritation - Category 2A  
 Specific Target Organ Toxicity (Single Exposure) - Category 3

**Pictograms**

**Signal Word** Warning

**Hazard Statements**

<b>H315</b>	Causes skin irritation.
<b>H319</b>	Causes serious eye irritation.
<b>H335</b>	May cause respiratory irritation.

<b>Precautionary Statements</b>	Prevention	<b>P280</b>	Wear protective gloves/eye protection/face protection.
		<b>P261</b>	Avoid breathing dusts or mists.
		<b>P271</b>	Use only outdoors or in a well-ventilated area.
	Response	<b>P302 + P352</b>	IF ON SKIN: Wash with plenty of soap and water.
		<b>P337 + P313</b>	If eye irritation persists: Get medical advice.
		<b>P312</b>	Call a POISON CENTER or doctor if you feel unwell.
		<b>P332 + P313</b>	If skin irritation occurs: Get medical advice.
		<b>P305 + P351 + P338</b>	IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
	Storage	<b>P304 + P340</b>	IF INHALED: Remove victim to fresh air and keep comfortable for breathing.
		<b>P362 + P364</b>	Take off contaminated clothing and wash it before reuse.
		<b>P403 + P233</b>	Store in a well-ventilated place. Keep container tightly closed.
	Disposal	<b>P405</b>	Store locked up.
		<b>P501</b>	Dispose of contents/container in accordance with local / regional / national / international regulations.

**National Transport Commission (Australia)**

Australian Code for the Transport of Dangerous Goods by Road & Rail (ADG Code)

**Dangerous Goods Classification** NOT Dangerous Goods according to the criteria of the Australian Code for the Transport of Dangerous Goods by Road & Rail (ADG Code)

**Safe Work Australia**

National Guide for Classifying Hazardous Chemicals under the Model WHS Regulations

**Hazard Classification** Hazardous according to the criteria of Safe Work Australia under Model WHS Regulations

**3. COMPOSITION/INFORMATION ON INGREDIENTS**

**Ingredients**

Chemical Entity	Formula	CAS Number	Proportion
Creatine, monohydrate	C4H9N3O2.H2O	6020-87-7	<=100 %

**4. FIRST AID MEASURES****Description of necessary measures according to routes of exposure**

<b>Swallowed</b>	IF SWALLOWED: Rinse mouth with water. Call a Poison Centre or doctor/physician for advice. Never give anything by mouth to an unconscious person.
<b>Eye</b>	IF IN EYES: Immediately flush eyes with running water for several minutes, holding eyelids open and occasionally lifting the upper and lower lids. Remove contact lenses if present and easy to do. Continue rinsing for at least 15 minutes. If eye irritation persists, get medical advice/attention.
<b>Skin</b>	IF ON SKIN: Wash with plenty of soap and water. Take off contaminated clothing and wash before reuse. If skin irritation occurs, get medical advice/attention.
<b>Inhaled</b>	IF INHALED: Remove victim to fresh air and keep at rest in a position comfortable for breathing. Call a Poison Centre or doctor/physician for advice. Apply resuscitation if victim is not breathing. Administer oxygen if breathing is difficult.
<b>Advice to Doctor</b>	Treat symptomatically.
<b>Medical Conditions Aggravated by Exposure</b>	No information available.

**5. FIRE FIGHTING MEASURES**

<b>General Measures</b>	If safe to do so, move undamaged containers from fire area. Cool containers with water spray until well after fire is out.
<b>Flammability Conditions</b>	Combustible solid; May burn but does not ignite readily.
<b>Extinguishing Media</b>	Use dry chemical, Carbon dioxide (CO2), foam or water spray for extinction.
<b>Fire and Explosion Hazard</b>	Fine dust dispersed in air in sufficient concentrations, and in the presence of an ignition source is a potential dust explosion hazard.
<b>Hazardous Products of Combustion</b>	Fire may produce irritating, toxic and/or corrosive fumes, including oxides of Carbon and oxides of Nitrogen.
<b>Special Fire Fighting Instructions</b>	Contain runoff from fire control or dilution water - Runoff may pollute waterways.
<b>Personal Protective Equipment</b>	Wear self-contained breathing apparatus (SCBA) and chemical splash suit. SCBA and structural firefighter's uniform may provide limited protection.
<b>Flash Point</b>	118.1 °C
<b>Lower Explosion Limit</b>	No Data Available
<b>Upper Explosion Limit</b>	No Data Available
<b>Auto Ignition Temperature</b>	No Data Available
<b>Hazchem Code</b>	No Data Available

**6. ACCIDENTAL RELEASE MEASURES**

<b>General Response Procedure</b>	Ensure adequate ventilation. ELIMINATE all ignition sources. Do not touch or walk through spilled material. Avoid generating dust. Avoid breathing dust and contact with eyes, skin and clothing.
<b>Clean Up Procedures</b>	Collect material (sweep or vacuum up) and place into suitable, properly labelled containers for disposal (see SECTION 13). Avoid dispersal of dust in the air (i.e. clearing dust surfaces with compressed air). Non-sparking tools should be used.
<b>Containment</b>	Stop leak if safe to do so – Prevent entry into waterways, drains or confined areas. Prevent dust cloud.

<b>Decontamination</b>	No information available.
<b>Environmental Precautionary Measures</b>	Prevent entry into drains and waterways.
<b>Evacuation Criteria</b>	Spill or leak area should be isolated immediately. Keep unauthorised personnel away.
<b>Personal Precautionary Measures</b>	Use personal protective equipment as required (see SECTION 8).

## 7. HANDLING AND STORAGE

<b>Handling</b>	Safety showers and eyewash facilities should be provided within the immediate work area for emergency use. Ensure adequate ventilation. Handle in accordance with good industrial hygiene and safety practice. Avoid formation of dust and aerosols. Avoid breathing dust/aerosols and contact with eyes, skin and clothing. Do not ingest. Use personal protective equipment as required (see SECTION 8). Combustible dust: Take precautionary measures against static discharge. Keep away from heat and sources of ignition - No smoking.
<b>Storage</b>	Store in a cool, dry and well-ventilated place, out of direct sunlight. Keep container tightly closed. Keep away from heat and sources of ignition - No smoking. Keep away from incompatible materials (see SECTION 10). Store locked up.
<b>Container</b>	Keep in the original container.

## 8. EXPOSURE CONTROLS / PERSONAL PROTECTION

<b>General</b>	No specific exposure standards are available for this product. For dusts from solid substances without specific occupational exposure standards: - Safe Work Australia Exposure Standard (Nuisance dusts): 8 hr TWA = 10 mg/m <sup>3</sup> (measured as inhalable dust). - New Zealand WES (Particulates not otherwise classified): TWA = 10 mg/m <sup>3</sup> ; TWA = 3 mg/m <sup>3</sup> (respirable dust).
<b>Exposure Limits</b>	No Data Available
<b>Biological Limits</b>	No information available.
<b>Engineering Measures</b>	A system of local and/or general exhaust is recommended to keep employee exposures as low as possible. Local exhaust ventilation is generally preferred because it can control the emissions of the contaminant at its source, preventing dispersion of it into the general work area.
<b>Personal Protection Equipment</b>	- Respiratory protection: Wear respiratory protection in case of inadequate ventilation or if an inhalation risk exists. Recommended: Dust mask/particulate filter respirator (refer to AS/NZS 1715 & 1716). - Eye/face protection: Wear appropriate eye protection to avoid eye contact. Recommended: Safety glasses with side-shields. - Hand protection: Handle with gloves. Recommended: Impervious gloves. - Skin/body protection: Wear appropriate personal protective clothing to avoid skin contact. Recommended: Overalls, safety shoes. Choose body protection according to the amount and concentration of the hazardous substance(s) at the work place.
<b>Special Hazards Precautions</b>	No information available.
<b>Work Hygienic Practices</b>	Do not eat, drink or smoke when using this product. Wash hands before breaks and at the end of workday. Take off contaminated clothing and wash before reuse.

## 9. PHYSICAL AND CHEMICAL PROPERTIES

<b>Physical State</b>	Solid
<b>Appearance</b>	Powder
<b>Odour</b>	Odourless
<b>Colour</b>	White
<b>pH</b>	No Data Available

<b>Vapour Pressure</b>	No Data Available
<b>Relative Vapour Density</b>	No Data Available
<b>Boiling Point</b>	271.6 °C (760 mmHg)
<b>Melting Point</b>	292 °C
<b>Freezing Point</b>	No Data Available
<b>Solubility</b>	13 g/L (water) 20°C
<b>Specific Gravity</b>	1.3
<b>Flash Point</b>	118.1 °C
<b>Auto Ignition Temp</b>	No Data Available
<b>Evaporation Rate</b>	No Data Available
<b>Bulk Density</b>	No Data Available
<b>Corrosion Rate</b>	No Data Available
<b>Decomposition Temperature</b>	>250 °C
<b>Density</b>	No Data Available
<b>Specific Heat</b>	No Data Available
<b>Molecular Weight</b>	149.15 g/mol
<b>Net Propellant Weight</b>	No Data Available
<b>Octanol Water Coefficient</b>	No Data Available
<b>Particle Size</b>	No Data Available
<b>Partition Coefficient</b>	No Data Available
<b>Saturated Vapour Concentration</b>	No Data Available
<b>Vapour Temperature</b>	No Data Available
<b>Viscosity</b>	No Data Available
<b>Volatile Percent</b>	No Data Available
<b>VOC Volume</b>	No Data Available
<b>Additional Characteristics</b>	No information available.
<b>Potential for Dust Explosion</b>	Fine dust dispersed in air in sufficient concentrations, and in the presence of an ignition source is a potential dust explosion hazard.
<b>Fast or Intensely Burning Characteristics</b>	No information available.
<b>Flame Propagation or Burning Rate of Solid Materials</b>	No information available.
<b>Non-Flammables That Could Contribute Unusual Hazards to a Fire</b>	No information available.
<b>Properties That May Initiate or Contribute to Fire Intensity</b>	Combustible solid; May burn but does not ignite readily.
<b>Reactions That Release Gases or Vapours</b>	Fire/decomposition may produce irritating, toxic and/or corrosive fumes, including oxides of Carbon and oxides of Nitrogen.
<b>Release of Invisible Flammable Vapours and Gases</b>	No information available.

## 10. STABILITY AND REACTIVITY

<b>General Information</b>	No information available.
<b>Chemical Stability</b>	Stable under normal temperatures and pressures.
<b>Conditions to Avoid</b>	Avoid generating dust. Keep away from heat and sources of ignition.
<b>Materials to Avoid</b>	Incompatible/reactive with strong oxidising agents.

<b>Hazardous Decomposition Products</b>	Fire/decomposition may produce irritating, toxic and/or corrosive fumes, including oxides of Carbon and oxides of Nitrogen.
<b>Hazardous Polymerisation</b>	Will not occur.

## 11. TOXICOLOGICAL INFORMATION

<b>General Information</b>	<ul style="list-style-type: none"> <li>- Acute toxicity: Ingestion may cause digestive (gastrointestinal) tract irritation.</li> <li>- Skin corrosion/irritation: Causes skin irritation.</li> <li>- Eye damage/irritation: Causes serious eye irritation.</li> <li>- Respiratory/skin sensitisation: No information available.</li> <li>- Germ cell mutagenicity: No information available.</li> <li>- Carcinogenicity: Not considered carcinogenic.</li> <li>- Reproductive toxicity: No information available.</li> <li>- STOT (single exposure): May cause respiratory irritation. Target organs: Mucous membranes; Lungs.</li> <li>- STOT (repeated exposure): No information available.</li> <li>- Aspiration toxicity: No information available.</li> </ul> <p>*To the best of our knowledge, the chemical, physical, and toxicological properties have not been thoroughly investigated.</p>
<b>Carcinogen Category</b>	None

## 12. ECOLOGICAL INFORMATION

<b>Ecotoxicity</b>	No information available.
<b>Persistence/Degradability</b>	Creatine is readily biodegradable.
<b>Mobility</b>	Creatine has a very low potential for adsorption.
<b>Environmental Fate</b>	Prevent entry into drains and waterways.
<b>Bioaccumulation Potential</b>	Creatine has a very low potential for bioaccumulation.
<b>Environmental Impact</b>	No Data Available

## 13. DISPOSAL CONSIDERATIONS

<b>General Information</b>	Dispose of via a licensed professional waste disposal service and in accordance with local/regional/national regulations. Dissolve or mix the material with a combustible solvent and burn in a chemical incinerator equipped with an afterburner and scrubber.
<b>Special Precautions for Land Fill</b>	Contaminated packaging: Dispose of as unused product.

## 14. TRANSPORT INFORMATION

### Land Transport (Australia)

ADG Code

<b>Proper Shipping Name</b>	Creatine
<b>Class</b>	No Data Available
<b>Subsidiary Risk(s)</b>	No Data Available

	No Data Available
<b>UN Number</b>	No Data Available
<b>Hazchem</b>	No Data Available
<b>Pack Group</b>	No Data Available
<b>Special Provision</b>	No Data Available
<b>Comments</b>	NON-DANGEROUS GOODS: Not regulated for LAND transport.

**Land Transport (Malaysia)**

ADR Code

<b>Proper Shipping Name</b>	Creatine
<b>Class</b>	No Data Available
<b>Subsidiary Risk(s)</b>	No Data Available
	No Data Available
<b>UN Number</b>	No Data Available
<b>Hazchem</b>	No Data Available
<b>Pack Group</b>	No Data Available
<b>Special Provision</b>	No Data Available
<b>Comments</b>	NON-DANGEROUS GOODS: Not regulated for LAND transport.

**Land Transport (New Zealand)**

NZS5433

<b>Proper Shipping Name</b>	Creatine
<b>Class</b>	No Data Available
<b>Subsidiary Risk(s)</b>	No Data Available
	No Data Available
<b>UN Number</b>	No Data Available
<b>Hazchem</b>	No Data Available
<b>Pack Group</b>	No Data Available
<b>Special Provision</b>	No Data Available
<b>Comments</b>	NON-DANGEROUS GOODS: Not regulated for LAND transport.

**Land Transport (United States of America)**

US DOT

<b>Proper Shipping Name</b>	Creatine
<b>Class</b>	No Data Available
<b>Subsidiary Risk(s)</b>	No Data Available
	No Data Available
<b>UN Number</b>	No Data Available
<b>Hazchem</b>	No Data Available
<b>Pack Group</b>	No Data Available
<b>Special Provision</b>	No Data Available
<b>Comments</b>	NON-DANGEROUS GOODS: Not regulated for LAND transport.

**Sea Transport**

IMDG Code

<b>Proper Shipping Name</b>	Creatine
<b>Class</b>	No Data Available
<b>Subsidiary Risk(s)</b>	No Data Available

UN Number	No Data Available
Hazchem	No Data Available
Pack Group	No Data Available
Special Provision	No Data Available
EMS	No Data Available
Marine Pollutant	No
Comments	NON-DANGEROUS GOODS: Not regulated for SEA transport.

**Air Transport**

IATA DGR

Proper Shipping Name	Creatine
Class	No Data Available
Subsidiary Risk(s)	No Data Available
UN Number	No Data Available
Hazchem	No Data Available
Pack Group	No Data Available
Special Provision	No Data Available
Comments	NON-DANGEROUS GOODS: Not regulated for AIR transport.

**National Transport Commission (Australia)**

Australian Code for the Transport of Dangerous Goods by Road &amp; Rail (ADG Code)

Dangerous Goods Classification	NOT Dangerous Goods according to the criteria of the Australian Code for the Transport of Dangerous Goods by Road & Rail (ADG Code)
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**15. REGULATORY INFORMATION**

General Information	No Data Available
Poisons Schedule (Aust)	Not Scheduled

**Environmental Protection Authority (New Zealand)**

Hazardous Substances and New Organisms Amendment Act 2015

Approval Code	HSR002503 - Additives Process Chemicals and Raw Materials (Subsidiary Hazard) Group Standard 2020
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**National/Regional Inventories**

Australia (AIC)	Listed
Canada (DSL)	Not Determined
Canada (NDSL)	Not Determined
China (IECSC)	Listed
Europe (EINECS)	200-306-6
Europe (REACH)	Not Determined



Japan (ENCS/METI)	Not Determined
Korea (KECI)	Not Determined
Malaysia (EHS Register)	Not Determined
New Zealand (NZIoC)	Listed
Philippines (PICCS)	Listed
Switzerland (Giftliste 1)	Not Determined
Switzerland (Inventory of Notified Substances)	Not Determined
Taiwan (NCSR)	Listed
USA (TSCA)	Not Determined

## 16. OTHER INFORMATION

Related Product Codes	CREAT1009, CREAT1010, CREAT1460, CREATI2100, CREATI3030, CREATI9000
Revision	3
Revision Date	19 Dec 2018
Reason for Issue	SDS updated
Key/Legend	<p>&lt; Less Than &gt; Greater Than</p> <p><b>AICS</b> Australian Inventory of Chemical Substances  <b>atm</b> Atmosphere  <b>CAS</b> Chemical Abstracts Service (Registry Number)  <b>cm<sup>2</sup></b> Square Centimetres  <b>CO<sub>2</sub></b> Carbon Dioxide  <b>COD</b> Chemical Oxygen Demand  <b>deg C (°C)</b> Degrees Celcius  <b>EPA (New Zealand)</b> Environmental Protection Authority of New Zealand  <b>deg F (°F)</b> Degrees Fahrenheit  <b>g</b> Grams  <b>g/cm<sup>3</sup></b> Grams per Cubic Centimetre  <b>g/l</b> Grams per Litre  <b>HSNO</b> Hazardous Substance and New Organism  <b>IDLH</b> Immediately Dangerous to Life and Health  <b>immiscible</b> Liquids are insoluable in each other.  <b>inHg</b> Inch of Mercury  <b>inH<sub>2</sub>O</b> Inch of Water  <b>K</b> Kelvin  <b>kg</b> Kilogram  <b>kg/m<sup>3</sup></b> Kilograms per Cubic Metre  <b>lb</b> Pound  <b>LC50</b> LC stands for lethal concentration. LC50 is the concentration of a material in air which causes the death of 50% (one half) of a group of test animals. The material is inhaled over a set period of time, usually 1 or 4 hours.  <b>LD50</b> LD stands for Lethal Dose. LD50 is the amount of a material, given all at once, which causes the death of 50% (one half) of a group of test animals.  <b>ltr or L</b> Litre  <b>m<sup>3</sup></b> Cubic Metre  <b>mbar</b> Millibar  <b>mg</b> Milligram  <b>mg/24H</b> Milligrams per 24 Hours  <b>mg/kg</b> Milligrams per Kilogram  <b>mg/m<sup>3</sup></b> Milligrams per Cubic Metre</p>

**Misc or Miscible** Liquids form one homogeneous liquid phase regardless of the amount of either component present.

**mm** Millimetre

**mmH<sub>2</sub>O** Millimetres of Water

**mPa.s** Millipascals per Second

**N/A** Not Applicable

**NIOSH** National Institute for Occupational Safety and Health

**NOHSC** National Occupational Health and Safety Commission

**OECD** Organisation for Economic Co-operation and Development

**Oz** Ounce

**PEL** Permissible Exposure Limit

**Pa** Pascal

**ppb** Parts per Billion

**ppm** Parts per Million

**ppm/2h** Parts per Million per 2 Hours

**ppm/6h** Parts per Million per 6 Hours

**psi** Pounds per Square Inch

**R** Rankine

**RCP** Reciprocal Calculation Procedure

**STEL** Short Term Exposure Limit

**TLV** Threshold Limit Value

**tne** Tonne

**TWA** Time Weighted Average

**ug/24H** Micrograms per 24 Hours

**UN** United Nations

**wt** Weight